

Middle School October 2017 Lunch Menu

Offer vs Serve Meal Pattern: Students are offered 5 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

Look for New Menu Items Throughout the Year!!

The Food Service Tab on our School Website will be updated if changes occur to the menu.

Please look for added information.

Complete Your Lunch with Ice Cold Assorted Milk (Skim, 1%, or FF Chocolate)

Lunch Prices

High School 9-12th	\$2.95
Middle School 5-8th	\$2.80
Elementary KG-4th	\$2.65
Adults/Guests	\$3.85

Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Hot Line Entrée Choices</u> Loaded Nachos Corn Dog on a Stick *Corn/Dinner Roll*	3 <u>Hot Line Entrée Choices</u> Hamburger on a Bun Hot Ham/Cheese on a Bun *Fresh Veggies/Potato Smiles*	4 <u>Hot Line Entrée Choices</u> Hot Dog on a Bun BBQ Pork Patty on a Bun *Baked Beans/Goldfish Pretzels*	5 <u>Hot Line Entrée Choices</u> Breaded Chicken Patty on a Bun Pizza *Cooked Carrots/Fresh Veggies*	6 <u>Hot Line Entrée Choices</u> Mozzarella Dippers w/Sauce Orange Chicken over Rice a Roni *Broccoli/Frozen Side Kick*
9 <u>Hot Line Entrée Choices</u> Popcorn Chicken Italian Meatball Sub *Broccoli w/Cheese/Dinner Roll*	10 <u>Hot Line Entrée Choices</u> Italian Dunkers w/Breadsticks Quesadilla *Green Beans/Fresh Veggies*	11 <u>Hot Line Entrée Choices</u> BBQ Chicken on a Bun Hamburger on a Bun *Baked Beans/Baby Baker Potato*	12 <u>Hot Line Entrée Choices</u> Chicken Alfredo Mini Corn Dogs *Peas/Dinner Rolls*	13 <u>Hot Line Entrée Choices</u> Pizza Fiesta Chicken Wrap *Cooked Carrots/Dinner Rolls*
16 <u>Hot Line Entrée Choices</u> Bosco Sticks w/Sauce Teriyaki Chicken w/Rice *Broccoli/Dinner Roll*	17 <u>Hot Line Entrée Choices</u> Loaded Nachos Corn Dog on a Stick *Corn/Dinner Roll*	18 <u>Hot Line Entrée Choices</u> Breaded Chicken Patty on a Bun Pizza *Baked Beans/Fresh Veggies*	19 <u>Hot Line Entrée Choices</u> Pancakes w/Sausage Patty Brat on a Bun *Fresh Veggies/Tator Tots*	20 <u>Hot Line Entrée Choices</u> Cheeseburger on a Bun Hot Ham/Cheese on a Pretzel Roll *Fresh Veggies/Potato Wedges*
23 No School Teacher In-service	24 <u>Hot Line Entrée Choices</u> BBQ Pork on a Bun Hot Dog on a Bun *Green Beans/Coleslaw/ Mac and Cheese*	25 <u>Hot Line Entrée Choices</u> Mini Corn Dogs Hamburger on a Bun *Baked Beans/Dinner Rolls*	26 <u>Hot Line Entrée Choices</u> Roasted Chicken/Whipped Pot. Pizza *Peas/Dinner Rolls*	27 <u>Hot Line Entrée Choices</u> Grilled Cheese Sandwich Cheesy Garlic Bread *Broccoli/Yogurt Cup*
30 <u>Hot Line Entrée Choices</u> Chicken Nuggets w/Rice a Roni Corn Dog on a Stick *Broccoli/Dinner Roll*	31 <u>Hot Line Entrée Choices</u> Hamburger on a Bun Hot Ham/Cheese on a Bun *Fresh Veggies/Potato Smiles*			

Or choose from the following line

Monday	Tuesday	Wednesday	Thursday	Friday
<u>ColdLine Entrée Choices</u> Veggie or Meat Chef Salad Build a Sandwich *Assorted Crackers or Chips*	<u>ColdLine Entrée Choices</u> Veggie or Meat Chef Salad Build a Sandwich *Assorted Crackers or Chips*	<u>ColdLine Entrée Choices</u> Veggie or Meat Chef Salad Build a Sandwich *Assorted Crackers or Chips*	<u>ColdLine Entrée Choices</u> Veggie or Meat Chef Salad Build a Sandwich *Assorted Crackers or Chips*	<u>ColdLine Entrée Choices</u> Veggie or Meat Chef Salad Build a Sandwich *Assorted Crackers or Chips*

Top off your Salad, Wrap, or Sub with any of the following fresh offerings: garden greens, tomatoes, banana peppers, green/red peppers, cucumbers, carrots, & broccoli.

Menus are subject to change due to food availability

This institution is an equal opportunity provider.