

Middle School Lunch Menu October 2018

Rice Lake School District

Look for New Menu Items Throughout the Year!!
The Food Service Tab on our School Website will be updated if changes occur to the menu.

Complete Your Lunch with Ice Cold Assorted Milk
(Skim, 1%, or FF Chocolate)

Offer vs Serve Meal Pattern:
Students are offered 5 Food Components:
Meat/Meat Alt, Grain (Whole Grain Rich),
Fruit, Vegetables, and Milk
*Asked to Choose at least 3 Full
Components, one of which must be 1/2
cup fruit or vegetable, encouraged to
choose all items*

1st Line Options

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School <i>Teacher In Sevice</i>	2 Chicken Nuggets Italian Meatball Sub <u>Sides:</u> Rice a Roni Broccoli Fresh Fruit	3 Mini Corn Dogs Rodeo Burger <u>Sides:</u> Giant Goldfish Crackers Baked Beans Applesauce	4 Chicken Gravy w/Potatoes Pizza <u>Sides:</u> Peas Homemade Dinner Roll Fresh Fruit	5 Pizza Mandarin Orange Chicken* <u>Sides:</u> Rice* Green Beans Diced Peaches
8 Loaded Nachos Corn Dog on a Stick <u>Sides:</u> Corn Diced Tomatoes Fresh Fruit	9 Hamburger on a Bun Hot Ham/Ch on a Bun <u>Sides:</u> Potato Smiles Sliced Tomatoes/Pickles Fresh Fruit	10 Hot Dog on a Bun Pizza <u>Sides:</u> Goldfish Crackers Baked Beans/Baby Carrots Mixed Fruit	11 Brd Chicken Patty on a Bun Scalloped Potatoes/Ham <u>Sides:</u> Broccoli Fresh Cucumber Slices Warm Cinnamon Apples	12 Mozzarella Dippers* Warrior Burger <u>Sides:</u> Red Sauce* Cooked Carrots Diced Pears
15 Popcorn Chicken Bowl Italian Meatball Sub <u>Sides:</u> Corn/Celery Sticks Homemade Dinner Roll Fresh Fruit	16 Spaghetti & Meatballs* Quesadilla <u>Sides:</u> Warm Garlic Breadstick* Broccoli Diced Peaches	17 Cheeseburger on a Bun BBQ Shredded Pork on a Bun <u>Sides:</u> Seasoned Potato Cubes Baked Beans/Coleslaw Fresh Fruit	18 Pancakes w/Sausage Brat on a Bun <u>Sides:</u> Tri Tators Baby Carrots Orange Juice	19 No School <i>Teacher In Sevice</i>
22 Cheesy Breadsticks* Spicy Brd Chicken Patty Sand <u>Sides:</u> Red Sauce/Dinner Roll* Broccoli Mixed Fruit	23 Walking Taco Cheeseburger on a Bun <u>Sides:</u> Corn Diced Tomatoes Fresh Fruit	24 Brd Chicken Patty on a Bun Mini Corn Dogs <u>Sides:</u> Cheez It Crackers Baked Beans Warm Cinnamon Apples	25 Chicken Alfredo Pizza <u>Sides:</u> Peas Fresh Red Peppers Fresh Fruit	26 Cheeseburger on a Bun Hot Ham and Cheese Melt <u>Sides:</u> Potato Wedges Sliced Tomatoes Fresh Fruit
29 Chicken Nuggets Italian Meatball Sub <u>Sides:</u> Rice a Roni Broccoli Fresh Fruit	30 BBQ Shreded Pork on a Bun Hot Dog on a Bun <u>Sides:</u> Macaroni and Cheese Green Beans Fresh Fruit	31 Mini Corn Dogs Rodeo Burger <u>Sides:</u> Harvest Cheddar Sun Chips Sugar Cookie Baked Beans/Applesauce		

2nd Line Options

Monday
Deli or PBJ Sandwich
Hamburger on a Bun
Chef Salad
*Assorted Crackers

Tuesday
Deli or PBJ Sandwich
Grilled Chicken on a Bun
Chef Salad
*String Cheese

Wednesday
Deli or PBJ Sandwich
Hot Ham/Ch on Pretzel Roll
Chef Salad
*GoGurt

Thursday
Deli or PBJ Sandwich
Hamburger on a Bun
Chef Salad
*String Cheese

Friday
Deli or PBJ Sandwich
Hot Dog on a Bun
Chef Salad
*Assorted Crackers

~Daily Choice of Fresh
Veggies and Fruit~

Lunch Prices:

High School	\$2.95
Middle School	\$2.80
Elementary	\$2.65
Adult/Guest	\$3.85



Menus are subject to change due to food availability

This institution is an equal opportunity provider.

