

# Middle School Lunch Menu November 2018

Rice Lake School District

*Look for New Menu Items Throughout the Year!!  
The Food Service Tab on our School Website will be updated if changes occur to the menu.*

**Offer vs Serve Meal Pattern:**

Students are offered 5 Food Components:  
Meat/Meat Alt, Grain (Whole Grain Rich),  
Fruit, Vegetables, and Milk

\*Asked to Choose at least 3 Full Components,  
one of which must be 1/2 cup fruit or  
vegetable, encouraged to choose all items\*

1st Line Options					2nd Line Options
Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>Lunch Prices:</b> High School \$2.95 Middle School \$2.80 Elementary \$2.65 Adult/Guest \$3.85</p> <p><i>Complete Your Lunch with Ice Cold Assorted Milk (Skim, 1%, or FF Chocolate)</i></p>					<p><b>Monday</b> Deli or PBJ Sandwich Hamburger on a Bun Chef Salad *Assorted Crackers</p> <p><b>Tuesday</b> Deli or PBJ Sandwich Grilled Chicken on a Bun Chef Salad *String Cheese</p> <p><b>Wednesday</b> Deli or PBJ Sandwich Hot Ham/Ch on Pretzel Roll Chef Salad *GoGurt</p> <p><b>Thursday</b> Deli or PBJ Sandwich Hamburger on a Bun Chef Salad *String Cheese</p> <p><b>Friday</b> Deli or PBJ Sandwich Hot Dog on a Bun Chef Salad *Assorted Crackers</p> <p>~Daily Choice of Fresh Veggies and Fruit~</p> 
<p>5 <b>Loaded Nachos</b> Corn Dog on a Stick Sides: Corn Diced Tomatoes Fresh Fruit</p>	<p>6 <b>Hamburger on a Bun</b> Hot Ham and Cheese Melt Sides: Potato Smiles Sliced Tomatoes/Pickles Fresh Fruit</p>	<p>7 <b>Hot Dog on a Bun</b> Pizza Sides: Goldfish Crackers Baked Beans/Baby Carrots Mixed Fruit</p>	<p>8 <b>Brd Chicken Patty on a Bun</b> Scalloped Potatoes/Ham Sides: Cooked Carrots Fresh Cucumber Slices Warm Cinnamon Apples</p>	<p>9 <b>Mozzarella Dippers*</b> Warrior Burger Sides: Red Sauce* Broccoli Diced Peaches</p>	
<p>12 <b>Popcorn Chicken*</b> Italian Meatball Sub Sides: Broccoli/Baby Carrots Homemade Dinner Roll* Fresh Fruit</p>	<p>13 <b>Pancakes w/Sausage</b> Brat on a Bun Sides: Tator Tots Baby Carrots Fresh Fruit</p>	<p>14 <b>Pizza</b> Hot Ham and Cheese Melt Sides: Baked Beans Celery Sticks w/Ranch Diced Peaches</p>	<p>15 <b>Turkey Dinner</b> Mashed Potatoes w/Gravy Homemade Stuffing Green Beans/Cranberries Caramel Apple Juice Pumpkin Bar</p>	<p>16 <b>Lasagna Roll*</b> Quesadilla Sides: Warm Garlic Breadstick* Lettuce Salad Fruit Choice</p>	
<p>19 <b>Cheesy Breadsticks</b> Spicy Brd Chicken Patty Sand Sides: Red Sauce* Broccoli/Baked Beans Mixed Fruit</p>	<p>20 <b>Walking Taco</b> Cheeseburger on a Bun Sides: Corn Diced Tomatoes Fresh Fruit</p>	<p>21 <b>No School</b> <i>Thanksgiving Break</i></p>	<p>22 <b>No School</b> <i>Thanksgiving Break</i></p>	<p>23 <b>No School</b> <i>Thanksgiving Break</i></p>	
<p>26 <b>Chicken Nuggets</b> Italian Meatball Sub Sides: Rice a Roni Broccoli Fresh Fruit</p>	<p>27 <b>BBQ Shreded Pork on a Bun</b> Hot Dog on a Bun Sides: <b>Macaroni and Cheese</b> Green Beans/Coleslaw Applesauce</p>	<p>28 <b>Brd Chicken Patty on a Bun</b> Mini Corn Dogs Sides: Seasoned Potato Cubes Baked Beans Fresh Fruit</p>	<p>29 <b>Chicken Alfredo</b> Pizza Sides: Peas Fresh Red Peppers Diced Peaches</p>	<p>30 <b>Cheeseburger on a Bun</b> Hot Ham and Cheese Melt Sides: Potato Wedges Sliced Tomatoes Fresh Fruit</p>	

Menus are subject to change due to food availability

This institution is an equal opportunity provider.

