

# Middle School February 2018 Breakfast Menu

**Offer vs Serve Meal Pattern:** Students are offered 4 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

\*Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

*Complete Your Breakfast with Ice Cold Assorted Milk  
(Skim, 1%, and FF Chocolate)*

### Breakfast Prices

**Students**                    **\$1.50**  
**Adults/Guests**           **\$2.00**

## *Breakfast Option*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
			1 Ultimate Cinnamon Breakfast Bar Fresh Fruit Grape Juice	2 Krispie Granola Choc Bar Sport Crackers Cinnamon Applesauce Cup Assorted Juice
5 Cinn Toast Crunch Cereal Bug Bites Applesauce Cup Fruit Punch Juice	6 Appleway Bar String Cheese Fresh Fruit Apple Juice	7 Honey Nut Cheerios Cereal Scooby Doo Crackers Fruit Cup Orange Juice	8 Chocolate Chip Muffin Yogurt Cup Fresh Fruit Grape Juice	9 Assorted Cereal Goldfish Crackers Cinnamon Applesauce Cup Assorted Juice
12 Lucky Charm Cereal Scooby Doo Crackers Applesauce Cup Fruit Punch Juice	13 Trix Cereal Bar String Cheese Fresh Fruit Apple Juice	14 Golden Graham Cereal Bug Bites Fruit Cup Orange Juice	15 Cinnamon Roll with Frosting Fresh Fruit Grape Juice	16 Cocoa Puff Bar Animal Crackers Cinnamon Applesauce Cup Assorted Juice
19 Cheerios Cereal Goldfish Crackers Applesauce Cup Fruit Punch Juice	20 Cinn Toast Crunch Bar String Cheese Fresh Fruit Apple Juice	21 Kix Cereal Sport Crackers Fruit Cup Orange Juice	22 Blueberry Muffin Yogurt Cup Fresh Fruit Grape Juice	23 Assorted Cereal Giant Goldfish Crackers Cinnamon Applesauce Cup Assorted Juice
26 Cocoa Puff Cereal Bug Bites Applesauce Cup Fruit Punch Juice	27 Mini Cinnamon Bagel Fresh Fruit Apple Juice	28 Trix Cereal Giant Goldfish Crackers Applesauce Cup Orange Juice		

**\*Menus are subject to change due to food availability\***

This institution is an equal opportunity provider.