

Middle School November 2017 Breakfast Menu

Offer vs Serve Meal Pattern: Students are offered 4 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

*Complete Your Breakfast with Ice Cold Assorted Milk
(Skim, 1%, and FF Chocolate)*

Breakfast Prices

Students \$1.50
Adults/Guests \$2.00

Breakfast Option

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Trix Cereal Giant Goldfish Cracker Fruit Cup Orange Juice	Ultimate Cinnamon Breakfast Bar Fresh Fruit Grape Juice	Krispie Granola Choc Bar Sport Crackers Cinnamon Applesauce Cup Assorted Juice
6	7	8	9	10
Cinn Toast Crunch Cereal Bug Bites Applesauce Cup Fruit Punch Juice	Appleway Bar String Cheese Fresh Fruit Apple Juice	Honey Nut Cheerios Cereal Scooby Doo Crackers Fruit Cup Orange Juice	Chocolate Chip Muffin Yogurt Cup Fresh Fruit Grape Juice	Assorted Cereal Goldfish Crackers Cinnamon Applesauce Cup Assorted Juice
13	14	15	16	17
Lucky Charm Cereal Scooby Doo Crackers Applesauce Cup Fruit Punch Juice	Trix Cereal Bar String Cheese Fresh Fruit Apple Juice	Golden Graham Cereal Bug Bites Fruit Cup Orange Juice	Cinnamon Roll with Frosting Fresh Fruit Grape Juice	Cocoa Puff Bar Animal Crackers Cinnamon Applesauce Cup Assorted Juice
20	21	22	23	24
Cheerios Cereal Goldfish Crackers Applesauce Cup Fruit Punch Juice	Cinn Toast Crunch Bar String Cheese Fresh Fruit Apple Juice	<i>Thanksgiving Vacation No School</i>	<i>Thanksgiving Vacation No School</i>	<i>Thanksgiving Vacation No School</i>
27	28	29	30	
Cocoa Puff Cereal Animal Crackers Applesauce Cup Fruit Punch Juice	Mini Cinnamon Bagel Fresh Fruit Apple Juice	Trix Cereal Giant Goldfish Cracker Fruit Cup Orange Juice	Blueberry Muffin Yogurt Cup Fresh Fruit Grape Juice	

Menus are subject to change due to food availability

This institution is an equal opportunity provider.