

# Middle School September 2017 Breakfast Menu

**Offer vs Serve Meal Pattern:** Students are offered 4 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

**\*Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\***

*Complete Your Breakfast with Ice Cold Assorted Milk  
(Skim, 1%, and FF Chocolate)*

**Breakfast Prices**

**Students                    \$1.50**  
**Adults/Guests            \$2.00**

## *Breakfast Option*

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>5th Grade Only    1</b> Assorted Cereal Giant Goldfish Cracker Applesauce Cup Juice
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>Labor Day No School</b>	Mini Cinnamon Bagel Fresh Fruit Apple Juice	Trix Cereal Giant Goldfish Cracker Fruit Cup Orange Juice	Ultimate Cinnamon Breakfast Bar Fresh Fruit Fruit Punch Juice	Krispie Granola Choc Bar Sport Crackers Cinnamon Applesauce Cup Grape Juice
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Cinn Toast Crunch Cereal Bug Bites Applesauce Cup Fruit Punch Juice	Appleway Bar String Cheese Fresh Fruit Apple Juice	Honey Nut Cheerios Cereal Scooby Doo Crackers Fruit Cup Orange Juice	Chocolate Chip Muffin Yogurt Cup Fresh Fruit Fruit Punch Juice	Assorted Cereal Goldfish Crackers Cinnamon Applesauce Cup Grape Juice
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Lucky Charm Cereal Scooby Doo Crackers Applesauce Cup Fruit Punch Juice	Trix Cereal Bar String Cheese Fresh Fruit Apple Juice	Golden Graham Cereal Bug Bites Fruit Cup Orange Juice	Cinnamon Roll with Frosting Fresh Fruit Fruit Punch Juice	Cocoa Puff Bar Animal Crackers Cinnamon Applesauce Cup Grape Juice
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Cheerios Cereal Goldfish Crackers Applesauce Cup Fruit Punch Juice	Cinn Toast Crunch Bar String Cheese Fresh Fruit Apple Juice	Kix Cereal Sport Crackers Fruit Cup Orange Juice	Blueberry Muffin Yogurt Cup Fresh Fruit Fruit Punch Juice	<b>Teacher In-Service No School</b>

**\*Menus are subject to change due to food availability\***

This institution is an equal opportunity provider.