

Middle School January 2018 Breakfast Menu

Offer vs Serve Meal Pattern: Students are offered 4 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

*Complete Your Breakfast with Ice Cold Assorted Milk
(Skim, 1%, and FF Chocolate)*

Breakfast Prices

Students \$1.50
Adults/Guests \$2.00

Breakfast Option

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>No School Winter Vacation</i>	2 <i>No School Winter Vacation</i>	3 Trix Cereal Giant Goldfish Crackers Applesauce Cup Orange Juice	4 Ultimate Cinnamon Breakfast Bar Fresh Fruit Grape Juice	5 Krispie Granola Choc Bar Sport Crackers Cinnamon Applesauce Cup Assorted Juice
8 Cinn Toast Crunch Cereal Bug Bites Applesauce Cup Fruit Punch Juice	9 Appleway Bar String Cheese Fresh Fruit Apple Juice	10 Honey Nut Cheerios Cereal Scooby Doo Crackers Fruit Cup Orange Juice	11 Chocolate Chip Muffin Yogurt Cup Fresh Fruit Grape Juice	12 Assorted Cereal Goldfish Crackers Cinnamon Applesauce Cup Assorted Juice
15 Lucky Charm Cereal Scooby Doo Crackers Applesauce Cup Fruit Punch Juice	16 Trix Cereal Bar String Cheese Fresh Fruit Apple Juice	17 Golden Graham Cereal Bug Bites Fruit Cup Orange Juice	18 Cinnamon Roll with Frosting Fresh Fruit Grape Juice	19 Cocoa Puff Bar Animal Crackers Cinnamon Applesauce Cup Assorted Juice
22 <i>No School Teacher In-Service</i>	23 Cinn Toast Crunch Bar String Cheese Fresh Fruit Apple Juice	24 Kix Cereal Sport Crackers Fruit Cup Orange Juice	25 Blueberry Muffin Yogurt Cup Fresh Fruit Grape Juice	26 Assorted Cereal Giant Goldfish Crackers Cinnamon Applesauce Cup Assorted Juice
29 Cocoa Puff Cereal Bug Bites Applesauce Cup Fruit Punch Juice	30 Mini Cinnamon Bagel Fresh Fruit Apple Juice	31 Cheerios Cereal Goldfish Crackers Fruit Cup Orange Juice		

Menus are subject to change due to food availability

This institution is an equal opportunity provider.