

Elementary/Middle School November 2018 Breakfast Menu

Offer vs Serve Meal Pattern: Students are offered 4 Food Items: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk
 Asked to Choose at least 3 Full Items, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

*Complete Your Breakfast with Ice Cold Assorted Milk
 (Skim, 1%, and FF Chocolate)*

Breakfast Prices

Students **\$1.50**
Adults/Guests **\$2.00**

Breakfast Option

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Chocolate Chip Muffin Yogurt Cup Fresh Fruit Grape Juice	Assorted Cereal Goldfish Crackers Applesauce Cup Assorted Juice
5	6	7	8	9
Lucky Charm Cereal Scooby Doo Crackers Applesauce Cup Fruit Punch Juice	Trix Cereal Bar String Cheese Fresh Fruit Apple Juice	Golden Graham Cereal Bug Bites Fruit Cup Orange Juice	Cinnamon Roll with Frosting Fresh Fruit Grape Juice	Cocoa Puff Bar Animal Crackers Applesauce Cup Assorted Juice
12	13	14	15	16
Cheerios Cereal Goldfish Crackers Applesauce Cup Fruit Punch Juice	Cinn Toast Crunch Bar String Cheese Fresh Fruit Apple Juice	Trix Cereal Sport Crackers Fruit Cup Orange Juice	Blueberry Muffin Yogurt Cup Fresh Fruit Grape Juice	Assorted Cereal Giant Goldfish Crackers Applesauce Cup/Juice <i>No Elem-Teacher In Service</i>
19	20	21	22	23
Cocoa Puff Cereal Bug Bites Applesauce Cup Fruit Punch Juice	Mini Cinnamon Bagel Fresh Fruit Apple Juice	<i>No School Thanksgiving Break</i>	<i>No School Thanksgiving Break</i>	<i>No School Thanksgiving Break</i>
26	27	28	29	30
Cinn Toast Crunch Cereal Bug Bites Applesauce Cup	Appleway Bar String Cheese Fresh Fruit Apple Juice	Kix Cereal Scooby Doo Crackers Fruit Cup Orange Juice	Ultimate Cinnamon Breakfast Bar Fresh Fruit Grape Juice	Krispie Granola Choc Bar Sport Crackers Applesauce Cup Assorted Juice

Menus are subject to change due to food availability

This institution is an equal opportunity provider.