



High School Lunch Menu February 2019

Rice Lake School District

Look for New Menu Items Throughout the Year!!
The Food Service Tab on our School Website will be updated if changes occur to the menu.

Complete Your Lunch with Ice Cold Assorted Milk (Skim, 1%, or FF Chocolate)

Offer vs Serve Meal Pattern:
 Students are offered 5 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk
 Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

Hot Lunch Options

Monday	Tuesday	Wednesday	Thursday	Friday								
<p>February is National Grapefruit Month!</p> <p><i>Grapefruits are grown in countries throughout the world. However, the United States is the world's number one producer.</i></p> <p><i>Tangelos are a cross between a tangerine and a grapefruit. Tangelos are a sweet and juicy fruit primarily grown in Florida.</i></p> <p>Try a Tangelo with your lunch on February 11th!!</p>				<p>1</p> <p>Chicken Gravy BBQ Shredded Pork on Bun Cheesy Garlic French Bread <u>Sides:</u> Mashed Potatoes Coleslaw/Fresh Fruit</p>								
4	5	6	7	8								
<p>Walking Tacos Corn Dog on a Stick Big Daddy Pizza <u>Sides:</u> Corn Fresh Fruit</p>	<p>Honey Sriracha Wings Burger w/ Choice of Cheese Big Daddy Pizza <u>Sides:</u> Mashed Potatoes/Gravy Fresh Fruit</p>	<p>Burger w/ Choice of Cheese Scalloped Potatoes/Ham Cheesy Garlic French Bread <u>Sides:</u> Baked Beans Mixed Fruit</p>	<p>Brd Chicken Patty on a Bun Quesadilla Big Daddy Pizza <u>Sides:</u> Broccoli Warm Cinnamon Apples</p>	<p>Mozzarella Dippers Mandarin Orange Chicken Big Daddy Pizza <u>Sides:</u> Cooked Carrots Diced Pears</p>								
11	12	13	14	15								
<p>Popcorn Chicken Bowl Italian Meatball Sub Big Daddy Pizza <u>Sides:</u> Corn Tangelo</p>	<p>Lasagna Roll Corn Dog on a Stick Big Daddy Pizza <u>Sides:</u> Broccoli Applesauce</p>	<p>Rodeo Burger Shredded BBQ Pork on Bun Big Daddy Pizza <u>Sides:</u> Baked Beans/Coleslaw Fresh Fruit</p>	<p>Loaded Potato Oles Corn Dog on a Stick Big Daddy Pizza <u>Sides:</u> Fresh Veggies Homemade Sugar Cookie</p>	<p>Thick Steak Cheeseburger General Tso Chicken Big Daddy Pizza <u>Sides:</u> Rice a Roni/Cooked Carrots Diced Peaches</p>								
18	19	20	21	22								
<p>Cheesy Breadsticks Mandarin Orange Chicken Big Daddy Pizza <u>Sides:</u> Baked Beans/Broccoli Mixed Fruit</p>	<p>Walking Taco Italian Brd Chicken Sandwich Big Daddy Pizza <u>Sides:</u> Corn Fresh Fruit</p>	<p>French Toast w/Sausage Mini Corn Dogs Big Daddy Pizza <u>Sides:</u> Tri Tators Orange Juice</p>	<p>Chicken Alfredo Burger w/ Choice of Cheese Cheesy Garlic French Bread <u>Sides:</u> Peas Fresh Fruit</p>	<p>National Sweet Potato Day! Burger w/ Choice of Cheese Brd Chicken Patty on Bun Big Daddy Pizza <u>Sides:</u> Mix of Regular and Sweet Potato Wedges</p>								
25	26	27	28									
<p>Chicken Nuggets Toasted Italian Sub Big Daddy Pizza <u>Sides:</u> Rice a Roni Broccoli/Fresh Fruit</p>	<p>Rodeo Burger BBQ Shredded Pork on Bun Cheesy Garlic French Bread <u>Sides:</u> BBQ Sidewinder Potatoes Coleslaw/Fresh Fruit</p>	<p>Mini Corn Dogs Mac and Cheese Burger Big Daddy Pizza <u>Sides:</u> Harvest Cheddar Sun Chips Baked Beans/Applesauce</p>	<p>Chicken Gravy Italian Meatball Sub Big Daddy Pizza <u>Sides:</u> Mashed Potatoes Peas/Fresh Fruit</p>	<p> Lunch Prices:</p> <table> <tr> <td>High School</td> <td>\$2.95</td> </tr> <tr> <td>Middle School</td> <td>\$2.80</td> </tr> <tr> <td>Elementary</td> <td>\$2.65</td> </tr> <tr> <td>Adult/Guest</td> <td>\$3.85</td> </tr> </table>	High School	\$2.95	Middle School	\$2.80	Elementary	\$2.65	Adult/Guest	\$3.85
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Salad Bar Options

- Monday**
 Chef Salad Choices
 Sub Sandwich
 *Variety of Toppings
 *Cottage Cheese
- Tuesday**
 Chef Salad Choices
 Ranch Chicken Wrap
 *Variety of Toppings
 *GoGurt
- Wednesday**
 Chef Salad Choices
 Sub Sandwich
 *Variety of Toppings
 *Cottage Cheese
- Thursday**
 Chef Salad Choices
 Caesar Chicken Wrap
 *Variety of Toppings
 *GoGurt
- Friday**
 Chef Salad Choices
 Sub Sandwich
 *Variety of Toppings
 *Cottage Cheese

~Daily Choice of Fresh Veggies and Fruit~



Menus are subject to change due to food availability

**PB & Jelly Uncrustables offered on the Hot Line as another option on Monday/Wednesday/Friday

This institution is an equal opportunity provider.