

# High School February 2018 Breakfast Menu

**Offer vs Serve Meal Pattern:** Students are offered 4 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

\*Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

**HOT BREAKFAST IS OFFERED AT THE HIGH SCHOOL  
THREE TIMES A WEEK!!**

*\*Breakfast is offered before school and during snack line\**

**Breakfast Prices**

Students                    \$1.50  
Adults/Guests             \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Warm Bagel w/Cr Cheese OR Ultimate Cinnamon Breakfast Bar <i>*Yogurt/Fresh Fruit/Juice*</i>	2 Krispie Granola Choc Bar Sport Crackers  <i>*Applesauce Cup/Juice*</i>
5 Sausage Breakfast Pizza OR Cinn Toast Crunch Cereal & Bug Bites <i>*Applesauce Cup/Juice*</i>	6 Mini Cinnamon Donuts OR Appleway Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	7 Sausage/Ch Brkfst Sandwich OR Honey Nut Cheerios Cereal & Scooby Doo Crackers <i>*Fruit Cup/Juice*</i>	8 Mini Long John Donut OR Chocolate Chip Muffin  <i>*Yogurt/Fresh Fruit/Juice*</i>	9 Sausage Breakfast Pizza OR Assorted Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>
12 Sausage Breakfast Pizza OR Lucky Charm Cereal & Scooby Doo Crackers <i>*Applesauce Cup/Juice*</i>	13 Mini Long John Donut OR Trix Cereal Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	14 Sausage/Ch Brkfst Sandwich OR Golden Graham Cereal & Bug Bites <i>*Fruit Cup/Juice*</i>	15 Cinnamon Roll with Frosting Yogurt Cup Fresh Fruit Grape Juice	16 Mini Cinnamon Donuts OR Cocoa Puff Bar & Animal Crackers <i>*Applesauce Cup/Juice*</i>
19 Sausage Breakfast Pizza OR Cheerios Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>	20 Mini Cinnamon Donuts OR Cinn Toast Crunch Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	21 Sausage/Ch Brkfst Sandwich OR Kix Cereal & Sport Crackers <i>*Fruit Cup/Juice*</i>	22 Mini Long John Donut OR Blueberry Muffin  <i>*Yogurt/Fresh Fruit/Juice*</i>	23 Sausage/Ch Brkfst Sandwich OR Assorted Cereal & Giant Goldfish Crackers <i>*Applesauce Cup/Juice*</i>
26 Sausage Breakfast Pizza OR Cocoa Puff Cereal & Bug Bites <i>*Applesauce Cup/Juice*</i>	27 Mini Cinnamon Donuts OR Mini Cinnamon Bagel  <i>*Fresh Fruit/Juice*</i>	28 Sausage/Ch Brkfst Sandwich OR Trix Cereal & Giant Goldfish Crackers <i>*Fruit Cup/Juice*</i>		

**Complete Your Breakfast with Ice Cold Assorted Milk (Skim, 1%, and FF Chocolate)**

\*Menus are subject to change due to food availability\*

This institution is an equal opportunity provider.