

High School February 2019 Breakfast Menu

Offer vs Serve Meal Pattern: Students are offered 4 Food Items: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk
 Asked to Choose at least 3 Full Items, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items










HIGH SCHOOL OFFERS TWO BREAKFAST OPTIONS

Breakfast is offered before school and during snack line

Complete your Breakfast with Ice Cold Assorted Milk

Breakfast Prices

Students \$1.50
Adults/Guests \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
 	 	 	 	1 Mini Cinnamon Donuts OR Appleway Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>
4 Sausage Breakfast Pizza OR Lucky Charm Cereal & Animal Crackers <i>*Applesauce Cup/Juice*</i>	5 Mini Long John Donut OR Trix Cereal Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	6 Sausage/Ch Brkfst Sandwich OR Golden Graham Cereal & Bug Bites <i>*Fruit Cup/Juice*</i>	7 Cinnamon Roll with Frosting Yogurt Cup Fresh Fruit Grape Juice	8 Mini Cinnamon Donuts OR Cocoa Puff Bar & Scooby Doo Crackers <i>*Applesauce Cup/Juice*</i>
11 Sausage Breakfast Pizza OR Cheerios Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>	12 Mini Cinnamon Donuts OR Cinn Toast Crunch Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	13 Sausage/Ch Brkfst Sandwich OR Kix Cereal & Sport Crackers <i>*Fruit Cup/Juice*</i>	14 Mini Long John Donut OR Blueberry Muffin <i>*Yogurt/Fresh Fruit/Juice*</i>	15 <i>*New Ham/Cheese Bagel OR Assorted Cereal & Giant Goldfish Crackers *Applesauce Cup/Juice*</i>
18 Sausage Breakfast Pizza OR Cocoa Puff Cereal Bug Bites <i>*Applesauce Cup/Juice*</i>	19 <i>*New Breakfast Tornados OR Mini Cinnamon Bagel *Fresh Fruit/Juice*</i>	20 Sausage/Ch Brkfst Sandwich OR Trix Cereal & Giant Goldfish Crackers <i>*Fruit Cup/Juice*</i>	21 Mini Cinnamon Donuts OR Ultimate Cinnamon Breakfast Bar <i>*Yogurt/Fresh Fruit/Juice*</i>	22 Sausage Breakfast Pizza OR Krispie Granola Choc Bar Animal Crackers <i>*Applesauce Cup/Juice*</i>
25 Sausage Breakfast Pizza OR Cinn Toast Crunch Cereal Sport Crackers <i>*Applesauce Cup/Juice*</i>	26 Mini Cinnamon Donuts OR Appleway Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	27 Sausage/Ch Brkfst Sandwich OR Honey Nut Cheerios Cereal & Scooby Doo Crackers <i>*Fruit Cup/Juice*</i>	28 Warm Bagel w/Cr Cheese OR Chocolate Chip Muffin <i>*Yogurt/Fresh Fruit/Juice*</i>	

Menus are subject to change due to food availability

This institution is an equal opportunity provider.