

# High School October 2018 Breakfast Menu

**Offer vs Serve Meal Pattern:** Students are offered 4 Food Items: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk  
 \*Asked to Choose at least 3 Full Items, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

**HOT BREAKFAST IS OFFERED AT THE HIGH SCHOOL  
 THREE TIMES A WEEK!!**

**Breakfast Prices**

*\*Breakfast is offered before school and during snack line\**

Students                    \$1.50  
 Adults/Guests             \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
1  <b>No School Teacher In Service</b>	2 Sausage Breakfast Pizza OR Vanilla Mini Wafers String Cheese <i>*Applesauce Cup/Juice*</i>	3 Sausage/Ch Brkfst Sandwich OR Honey Nut Cheerios Cereal & Scooby Doo Crackers <i>*Fruit Cup/Juice*</i>	4 Mini Long John Donut OR Chocolate Chip Muffin  <i>*Yogurt/Fresh Fruit/Juice*</i>	5 Sausage Breakfast Pizza OR Assorted Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>
8 Sausage Breakfast Pizza OR Lucky Charm Cereal & Scooby Doo Crackers <i>*Applesauce Cup/Juice*</i>	9 Mini Long John Donut OR Trix Cereal Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	10 Sausage/Ch Brkfst Sandwich OR Golden Graham Cereal & Bug Bites <i>*Fruit Cup/Juice*</i>	11 Cinnamon Roll with Frosting Yogurt Cup Fresh Fruit Grape Juice	12 Mini Cinnamon Donuts OR Cocoa Puff Bar & Animal Crackers <i>*Applesauce Cup/Juice*</i>
15 Sausage Breakfast Pizza OR Cheerios Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>	16 Mini Cinnamon Donuts OR Cinn Toast Crunch Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	17 Sausage/Ch Brkfst Sandwich OR Kix Cereal & Sport Crackers <i>*Fruit Cup/Juice*</i>	18 Mini Long John Donut OR Blueberry Muffin  <i>*Yogurt/Fresh Fruit/Juice*</i>	19  <b>No School Teacher In Service</b>
22 Sausage Breakfast Pizza OR Cocoa Puff Cereal & Bug Bites <i>*Applesauce Cup/Juice*</i>	23 Mini Cinnamon Bagel Fresh Fruit Juice	24 Sausage/Ch Brkfst Sandwich OR Trix Cereal & Giant Goldfish Crackers <i>*Fruit Cup/Juice*</i>	25 Warm Bagel w/Cr Cheese OR Ultimate Cinnamon Breakfast Bar <i>*Yogurt/Fresh Fruit/Juice*</i>	26 Sausage Breakfast Pizza OR Krispie Granola Choc Bar Sport Crackers <i>*Applesauce Cup/Juice*</i>
29 Sausage Breakfast Pizza OR Cinn Toast Crunch Cereal Bug Bites <i>*Applesauce Cup/Juice*</i>	30 Mini Cinnamon Donuts OR Appleway Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	31 Sausage/Ch Brkfst Sandwich OR Honey Nut Cheerios Cereal & Scooby Doo Crackers <i>*Fruit Cup/Juice*</i>	Complete Your Breakfast with Ice Cold Assorted Milk (Skim, 1%, and FF Chocolate)	



**\*Menus are subject to change due to food availability\***

This institution is an equal opportunity provider.