

High School December 2017 Breakfast Menu

Offer vs Serve Meal Pattern: Students are offered 4 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

**HOT BREAKFAST IS OFFERED AT THE HIGH SCHOOL
THREE TIMES A WEEK!!**

Breakfast is offered before school and during snack line

Breakfast Prices

Students \$1.50
Adults/Guests \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Krispie Granola Choc Bar Sport Crackers Cinnamon Applesauce Cup Assorted Juice
4 Sausage Breakfast Pizza OR Cinn Toast Crunch Cereal & Bug Bites <i>*Applesauce Cup/Juice*</i>	5 Appleway Bar String Cheese Fresh Fruit Apple Juice	6 Sausage/Ch Brkfst Sandwich OR Honey Nut Cheerios Cereal & Scooby Doo Crackers <i>*Fruit Cup/Juice*</i>	7 Mini Long John Donut OR Chocolate Chip Muffin <i>*Yogurt/Fresh Fruit/Juice*</i>	8 Assorted Cereal Goldfish Crackers Cinnamon Applesauce Cup Assorted Juice
11 Maple Pancake Sausage Stick OR Lucky Charm Cereal & Scooby Doo Crackers <i>*Applesauce Cup/Juice*</i>	12 Trix Cereal Bar String Cheese Fresh Fruit Apple Juice	13 Sausage/Ch Brkfst Sandwich OR Golden Graham Cereal & Bug Bites <i>*Fruit Cup/Juice*</i>	14 Cinnamon Roll with Frosting Yogurt Cup Fresh Fruit Grape Juice	15 Cocoa Puff Bar Animal Crackers Cinnamon Applesauce Cup Assorted Juice
18 Sausage Breakfast Pizza OR Cheerios Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>	19 Cinn Toast Crunch Bar String Cheese Fresh Fruit Apple Juice	20 Sausage/Ch Brkfst Sandwich OR Kix Cereal & Sport Crackers <i>*Fruit Cup/Juice*</i>	21 Mini Cinnamon Donuts OR Blueberry Muffin <i>*Yogurt/Fresh Fruit/Juice*</i>	22 Assorted Cereal Giant Goldfish Crackers Cinnamon Applesauce Cup Assorted Juice
25 No School Winter Vacation	26 No School Winter Vacation	27 No School Winter Vacation	28 No School Winter Vacation	29 No School Winter Vacation

Complete Your Breakfast with Ice Cold Assorted Milk (Skim, 1%, and FF Chocolate)

Menus are subject to change due to food availability

This institution is an equal opportunity provider.