

# High School September 2019 Breakfast Menu





**Offer vs Serve Meal Pattern:** Students are offered 4 Food Items: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk  
 \*Asked to Choose at least 3 Full Items, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

**HOT BREAKFAST IS OFFERED AT THE HIGH SCHOOL!!**

**\*Breakfast is offered before school and during snack line\***

**Breakfast Prices**

Students                \$1.50  
 Adults/Guests        \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday	
<b>3</b>  <i>No School Labor Day</i>	<b>4</b>  Assorted Cereal String Cheese Applesauce Cup Assorted Juice	<b>5</b>  Sausage/Ch Brkfst Sandwich OR Honey Nut Cheerios Cereal & Scooby Doo Crackers <i>*Fruit Cup/Juice*</i>	<b>6</b>  Mini Long John Donut OR Chocolate Chip Muffin  <i>*Yogurt/Fresh Fruit/Juice*</i>	<b>7</b>  Fiesta Breakfast Sandwich OR Assorted Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>	
<b>10</b>  Sausage Breakfast Pizza OR Lucky Charm Cereal & Animal Crackers <i>*Applesauce Cup/Juice*</i>	<b>11</b>  Mini Long John Donut OR Trix Cereal Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	<b>12</b>  Sausage/Ch Brkfst Sandwich OR Golden Graham Cereal & Bug Bites <i>*Fruit Cup/Juice*</i>	<b>13</b>  Cinnamon Roll with Frosting Yogurt Cup Fresh Fruit Grape Juice	<b>14</b>  Mini Cinnamon Donuts OR Cocoa Puff Bar & Scooby Doo Crackers <i>*Applesauce Cup/Juice*</i>	
<b>17</b>  Sausage Breakfast Pizza OR Cheerios Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>	<b>18</b>  Mini Cinnamon Donuts OR Cinn Toast Crunch Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	<b>19</b>  Sausage/Ch Brkfst Sandwich OR Kix Cereal & Sport Crackers <i>*Fruit Cup/Juice*</i>	<b>20</b>  Mini Long John Donut OR Blueberry Muffin  <i>*Yogurt/Fresh Fruit/Juice*</i>	<b>21</b>  Sausage/Ch Brkfst Sandwich OR Assorted Cereal & Giant Goldfish Crackers <i>*Applesauce Cup/Juice*</i>	
<b>24</b>  Sausage Breakfast Pizza OR Cocoa Puff Cereal & Bug Bites <i>*Applesauce Cup/Juice*</i>	<b>25</b>  Breakfast Tornados OR Mini Cinnamon Bagel  <i>*Fresh Fruit/Juice*</i>	<b>26</b>  Sausage/Ch Brkfst Sandwich OR Trix Cereal & Giant Goldfish Crackers <i>*Fruit Cup/Juice*</i>	<b>27</b>  Mini Cinnamon Donuts OR Ultimate Cinnamon Breakfast Bar  <i>*Yogurt/Fresh Fruit/Juice*</i>	<b>28</b>  Warm Bagel w/Cr Cheese OR Krispie Granola Choc Bar Animal Crackers <i>*Applesauce Cup/Juice*</i>	
<b>30</b>  <i>No School Teacher In Service</i>	<b>Complete Your Breakfast with Ice Cold Assorted Milk (Skim, 1%, and FF Chocolate)</b>  			  	

\*Menus are subject to change due to food availability\*

This institution is an equal opportunity provider.