

High School March 2018 Breakfast Menu

Offer vs Serve Meal Pattern: Students are offered 4 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

**HOT BREAKFAST IS OFFERED AT THE HIGH SCHOOL
THREE TIMES A WEEK!!**

Breakfast is offered before school and during snack line

Breakfast Prices

Students \$1.50
Adults/Guests \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Warm Bagel w/Cr Cheese OR Ultimate Cinnamon Breakfast Bar <i>*Yogurt/Fresh Fruit/Juice*</i>	Mini Long John Donuts OR Krispie Granola Choc Bar Sport Crackers <i>*Applesauce Cup/Juice*</i>
5	6	7	8	9
Sausage Breakfast Pizza OR Cinn Toast Crunch Cereal & Bug Bites <i>*Applesauce Cup/Juice*</i>	Mini Cinnamon Donuts OR Appleway Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	Sausage/Ch Brkfst Sandwich OR Honey Nut Cheerios Cereal & Scooby Doo Crackers <i>*Fruit Cup/Juice*</i>	Mini Long John Donut OR Chocolate Chip Muffin <i>*Yogurt/Fresh Fruit/Juice*</i>	Sausage Breakfast Pizza OR Assorted Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>
12	13	14	15	16
Sausage Breakfast Pizza OR Lucky Charm Cereal & Scooby Doo Crackers <i>*Applesauce Cup/Juice*</i>	Mini Long John Donut OR Trix Cereal Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	Sausage/Ch Brkfst Sandwich OR Golden Graham Cereal & Bug Bites <i>*Fruit Cup/Juice*</i>	Cinnamon Roll with Frosting Yogurt Cup Fresh Fruit Grape Juice	Mini Cinnamon Donuts OR Cocoa Puff Bar & Animal Crackers <i>*Applesauce Cup/Juice*</i>
19	20	21	22	23
Sausage Breakfast Pizza OR Cheerios Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>	Mini Cinnamon Donuts OR Cinn Toast Crunch Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	Sausage/Ch Brkfst Sandwich OR Kix Cereal & Sport Crackers <i>*Fruit Cup/Juice*</i>	Mini Long John Donut OR Blueberry Muffin <i>*Yogurt/Fresh Fruit/Juice*</i>	Sausage/Ch Brkfst Sandwich OR Assorted Cereal & Giant Goldfish Crackers <i>*Applesauce Cup/Juice*</i>
26	27	28	29	30
<i>Spring Vacation No School</i>	<i>Spring Vacation No School</i>	<i>Spring Vacation No School</i>	<i>Spring Vacation No School</i>	<i>Spring Vacation No School</i>

Complete Your Breakfast with Ice Cold Assorted Milk (Skim, 1%, and FF Chocolate)

Menus are subject to change due to food availability

This institution is an equal opportunity provider.