

Elementary October 2017 Lunch Menu

Offer vs Serve Meal Pattern: Students are offered 5 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

Look for New Menu Items Throughout the Year!!

The Food Service Tab on our School Website will be updated if changes occur to the menu.

Please look for added information.

Complete Your Lunch with Ice Cold Assorted Milk (Skim, 1%, or FF Chocolate)

Lunch Prices

High School 9-12th	\$2.95
Middle School 5-8th	\$2.80
Elementary KG-4th	\$2.65
Adults/Guests	\$3.85

Monday	Tuesday	Wednesday	Thursday	Friday
Nachos with Fixings 2 Corn Diced Peaches Homemade Dinner Roll Salsa/Sour Cream	Hamburger on a Homemade Bun 3 Potato Smiles Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard	Hot Dog on a Bun 4 Goldfish Pretzels Baked Beans/Veggie Sticks Applesauce Ketchup/Mustard	Breaded Chicken Patty on a Homemade Bun 5 Cooked Carrots Celery Stick Warm Cinnamon Apple Slices Mayo/Light Ranch	Mozzarella Dippers with Red Sauce 6 Broccoli Baby Carrots Frozen Side Kick Homemade Dinner Roll
Popcorn Chicken 9 Broccoli with Cheese Sauce Celery Sticks Fresh Fruit Homemade Dinner Roll Ketchup/Light Ranch	Italian Dunkers with Warm Garlic Breadsticks 10 Baby Carrots Green Beans Diced Pears Light Ranch	BBQ Chicken on a Homemade Bun 11 Baked Beans Coleslaw Mixed Fruit Mayo/Light Ranch	Chicken Alfredo over Pasta 12 Peas/Fresh Red Peppers Fresh Fruit Homemade Dinner Roll Smart Balance	Pizza 13 Cooked Carrots Fresh Veggie Sticks Applesauce Homemade Dinner Roll Light Ranch/Smart Balance
Bosco Sticks with Red Sauce 16 Broccoli Celery Sticks Fresh Fruit Homemade Dinner Roll	Nachos with Fixings 17 Corn Pineapple Tidbits Homemade Dinner Roll Salsa/Sour Cream	Breaded Chicken Patty on a Homemade Bun 18 Baked Beans Veggie Sticks Diced Peaches Mayo/Light Ranch	Pancakes Sausage Patty Tator Tots 19 Baby Carrots Orange Juice Syrup/Ketchup	Cheeseburger on a Homemade Bun 20 Potato Wedges Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard
No School Teacher In-service 23	Macaroni and Cheese 24 Green Beans Coleslaw Mixed Fruit Warm Garlic Breadstick Light Ranch	Mini Corn Dogs 25 Baked Beans Sliced Cucumbers Warm Cinnamon Apple Slices Homemade Dinner Roll Smart Balance	Roasted Chicken Whipped Potatoes/Gravy 26 Peas Diced Pears Homemade Dinner Roll Smart Balance	Grilled Cheese Sandwich 27 Yogurt Cup Broccoli Strawberry Cup Homemade Dinner Roll Salsa/Sour Cream
Chicken Nuggets 31 Rice a Roni Cooked Carrots Baby Carrots Fresh Fruit Nugget Dip	Hamburger on a Homemade Bun 31 Potato Smiles Lettuce/Tomatoes/Pickles Fresh Fruit Sugar Cookie			

Menus are subject to change due to food availability

This institution is an equal opportunity provider.