



Elementary Lunch Menu February 2019

Rice Lake School District

Look for New Menu Items Throughout the Year!!
The Food Service Tab on our School Website will be updated if changes occur to the menu.

Complete Your Lunch with Ice Cold Assorted Milk (Skim, 1%, or FF Chocolate)

Offer vs Serve Meal Pattern:

Students are offered 5 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk
 Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

Monday	Tuesday	Wednesday	Thursday	Friday								
February is National Grapefruit Month! Grapefruits are grown in countries throughout the world. However, the United States is the world's number one producer. Tangelos are a cross between a tangerine and a grapefruit. Tangelos are a sweet and juicy fruit primarily grown in Florida. Try a Tangelo with your lunch on February 11th!				Macaroni and Cheese Warm Garlic Breadstick Green Beans Coleslaw Fresh Fruit								
4	5	6	7	8								
Loaded Nachos Corn Iceberg Lettuce Diced Tomatoes Fresh Fruit Salsa/Sour Cream	Hamburger on a Homemade Bun Potato Smiles Iceberg Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard	Hot Dog on a Bun Goldfish Crackers Baked Beans Baby Carrots Mixed Fruit Ketchup/Mustard	Breaded Chicken Patty on a Homemade Bun Broccoli Fresh Red Peppers Warm Cinnamon Apple Slices Mayo	Mozzarella Dippers Red Sauce Celery Sticks Cooked Carrots Diced Pears Ranch Dressing								
11	12	13	14	15								
Popcorn Chicken Corn Baby Carrots Tangelo and Apple Homemade Dinner Roll Ketchup/Smart Balance	Lasagna Roll Warm Garlic Breadstick Broccoli Applesauce Parmesan Cheese	Shredded BBQ Pork on a Homemade Bun Cheez It Crackers Baked Beans/Coleslaw Fresh Fruit Homemade Sugar Cookie	Pancakes Sausage Patty Tator Tots Baby Carrots/Orange Juice Syrup/Ketchup Strawberry Milk will be offered as an option with other milk today	Pizza Cooked Carrots Veggie Sticks Diced Peaches Homemade Dinner Roll Ranch Dressing/Smart Balance								
18	19	20	21	22								
No School - Elementary Only Teacher In Service	Walking Taco Corn Lettuce Diced Tomatoes Fresh Fruit Salsa/Sour Cream	Breaded Chicken Patty on a Homemade Bun Seasoned Potato Cubes Baked Beans/Baby Carrots Diced Peaches Mayo/Ketchup	Chicken Alfredo over Pasta Peas Fresh Broccoli Florets Homemade Dinner Roll Diced Pears	<u>National Sweet Potato Day!</u> Cheeseburger on a Bun Mix of Regular and Sweet Potato Wedges Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard								
25	26	27	28									
Chicken Nuggets Rice a Roni Broccoli Baby Carrots Fresh Fruit Nugget Dip	Cheesy Breadstick Red Sauce Green Beans Fresh Fruit Homemade Dinner Roll Smart Balance	Mini Corn Dogs Goldfish Pretzels Baked Beans Baby Carrots Applesauce Ketchup/Mustard	Chicken Drumstick Whipped Potatoes/Gravy Peas Sliced Cucumbers Fresh Fruit Homemade Dinner Roll	Lunch Prices: <table style="margin-left: 20px;"> <tr> <td>High School</td> <td>\$2.95</td> </tr> <tr> <td>Middle School</td> <td>\$2.80</td> </tr> <tr> <td>Elementary</td> <td>\$2.65</td> </tr> <tr> <td>Adult/Guest</td> <td>\$3.85</td> </tr> </table>	High School	\$2.95	Middle School	\$2.80	Elementary	\$2.65	Adult/Guest	\$3.85
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Menus are subject to change due to food availability

This institution is an equal opportunity provider.