

# Elementary September 2017 Lunch Menu

**Offer vs Serve Meal Pattern:** Students are offered 5 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk  
 \*Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

***Look for New Menu Items Throughout the Year!!***  
***The Food Service Tab on our School Website will be updated if changes occur to the menu.***  
***Please look for added information.***  
***Complete Your Lunch with Ice Cold Assorted Milk (Skim, 1%, or FF Chocolate)***

**Lunch Prices**  
 High School 9-12th \$2.95  
 Middle School 5-8th \$2.80  
 Elementary KG-4th \$2.65  
 Adults/Guests \$3.85

Monday	Tuesday	Wednesday	Thursday	Friday
				1  <i>Elementary Open House No Lunch Served</i>
4  <b>Labor Day No School</b>	5  <b>Nachos with Fixings</b> Corn Pineapple Tidbits Homemade Dinner Roll Salsa/Sour Cream	6  <b>Breaded Chicken Patty on a Homemade Bun</b> Baked Beans Celery Stick Diced Pears Mayo/Light Ranch	7  <b>Hamburger on a Homemade Bun</b> <b>Potato Smiles</b> Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard	8  <b>Mozzarella Dippers with Red Sauce</b> Broccoli Baby Carrots Fresh Fruit Homemade Dinner Roll
<b>Breaded Chicken Strips</b> 11 Broccoli Fresh Veggie Sticks Fresh Fruit Homemade Dinner Roll Ketchup/Light Ranch	12  <b>French Toast Sausage Patty Tator Tots</b> Baby Carrots Orange Juice Syrup/Ketchup	13  <b>Hot Dog on a Bun</b> <b>Goldfish Pretzels</b> Baked Beans Applesauce Ketchup/Mustard	14  <b>Chicken Alfredo over Pasta</b> Peas/Fresh Red Peppers Diced Peaches Homemade Dinner Roll Smart Balance	15  <b>Pizza</b> Lettuce Salad Baby Carrots Warm Cinnamon Apple Slices Homemade Dinner Roll Light Ranch/Smart Balance
<b>Bosco Sticks</b> 18 <b>with Red Sauce</b> Cooked Carrots Celery Sticks Fresh Fruit Homemade Dinner Roll	19  <b>Spaghetti and Meatballs</b> Broccoli Baby Carrots Applesauce Warm Garlic Breadstick	20  <b>Breaded Chicken Patty on a Homemade Bun</b> Baked Beans Veggie Sticks Diced Peaches Mayo/Light Ranch	21  <b>Cheeseburger on a Homemade Bun</b> <b>Potato Wedges</b> Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard	22  <b>Nachos with Fixings</b> Corn Pineapple Tidbits Homemade Dinner Roll Salsa/Sour Cream
<b>Chicken Nuggets</b> 25 <b>Rice a Roni</b> Broccoli Coleslaw Fresh Fruit Nugget Dip	26  <b>Macaroni and Cheese</b> Green Beans Baby Carrots Fresh Fruit Warm Garlic Breadstick Light Ranch	27  <b>Mini Corn Dogs</b> Baked Beans Sliced Cucumbers Mixed Fruit Homemade Dinner Roll Smart Balance	28  <b>Chicken Gravy with Whipped Potatoes</b> Peas Diced Pears Homemade Dinner Roll Smart Balance	29  <b>Teacher In-Service No School</b>

\*Menus are subject to change due to food availability\*

This institution is an equal opportunity provider.