

Elementary January 2018 Lunch Menu

Offer vs Serve Meal Pattern: Students are offered 5 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

Look for New Menu Items Throughout the Year!!

The Food Service Tab on our School Website will be updated if changes occur to the menu.

Please look for added information.

Complete Your Lunch with Ice Cold Assorted Milk (Skim, 1%, or FF Chocolate)

Lunch Prices

High School 9-12th	\$2.95
Middle School 5-8th	\$2.80
Elementary KG-4th	\$2.65
Adults/Guests	\$3.85

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>No School Winter Vacation</i>	2 <i>No School Winter Vacation</i>	3 Hot Dog on a Bun Goldfish Pretzels Baked Beans/Baby Carrots Applesauce Ketchup/Mustard	4 Breaded Chicken Patty on a Homemade Bun Broccoli Cucumber Slices Fresh Fruit Mayo	5 Mozzarella Dippers with Red Sauce Peas/Baby Carrots Diced Peaches Homemade Dinner Roll Light Ranch/Smart Balance
8 Popcorn Chicken Broccoli with Cheese Sauce Baby Carrots Fresh Fruit Homemade Dinner Roll Ketchup/Light Ranch	9 Spaghetti and Meatballs Warm Garlic Breadsticks Green Beans Diced Pears	10 BBQ Chicken on a Homemade Bun Baked Beans Coleslaw Mixed Fruit M&M Cookie	11 French Toast Sausage Patty Tator Tots Baby Carrots Orange Juice Syrup/Ketchup	12 Pizza Cooked Carrots Celery Sticks Warm Cinnamon Apple Slices Homemade Dinner Roll Light Ranch/Smart Balance
15 Bosco Sticks with Red Sauce Broccoli Baby Carrots Fresh Fruit Homemade Dinner Roll	16 Nachos with Fixings Corn Diced Peaches Homemade Dinner Roll Salsa/Sour Cream	17 Breaded Chicken Patty on a Homemade Bun Baked Beans Celery Sticks Diced Pears Mayo/Light Ranch	18 Chicken Alfredo over Pasta Peas/Fresh Red Peppers Applesauce Homemade Dinner Roll Smart Balance	19 Cheeseburger on a Homemade Bun Potato Wedges Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard
22 <i>No School Teacher In-Service</i>	23 Macaroni and Cheese Cooked Carrots Coleslaw Mixed Fruit Warm Garlic Breadstick Light Ranch	24 Mini Corn Dogs Baked Beans Sliced Cucumbers Warm Cinnamon Apple Slices Homemade Dinner Roll Ketchup/Mustard/Smart Bal	25 Chicken Gravy with Whipped Potatoes Peas Diced Pears Homemade Dinner Roll Smart Balance	26 Cheesy Garlic French Bread with Red Sauce Baby Carrots Broccoli Strawberry Cup Light Ranch
29 Nachos with Fixings Corn Pineapple Tidbits Homemade Dinner Roll Salsa/Sour Cream	30 Hamburger on a Homemade Bun Potato Smiles Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard	31 Chicken Nuggets Rice a Roni Broccoli/Baby Carrots Diced Peaches Homemade Dinner Roll Nugget Dip/Smart Balance		

Menus are subject to change due to food availability

This institution is an equal opportunity provider.