

# Elementary/Middle School October 2018 Breakfast Menu

**Offer vs Serve Meal Pattern:** Students are offered 4 Food Items: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk  
 \*Asked to Choose at least 3 Full Items, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

*Complete Your Breakfast with Ice Cold Assorted Milk  
 (Skim, 1%, and FF Chocolate)*

### Breakfast Prices

**Students**                    \$1.50  
**Adults/Guests**            \$2.00

## *Breakfast Option*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b>  <i>No School Teacher In Service</i>	<b>2</b>  Cinn Toast Crunch Bar String Cheese Applesauce Cup Apple Juice	<b>3</b>  Honey Nut Cheerios Cereal Scooby Doo Crackers Fruit Cup Orange Juice	<b>4</b>  Chocolate Chip Muffin Yogurt Cup Fresh Fruit Grape Juice	<b>5</b>  Assorted Cereal Goldfish Crackers Applesauce Cup Assorted Juice
<b>8</b>  Lucky Charm Cereal Scooby Doo Crackers Applesauce Cup Fruit Punch Juice	<b>9</b>  Trix Cereal Bar String Cheese Fresh Fruit Apple Juice	<b>10</b>  Golden Graham Cereal Bug Bites Fruit Cup Orange Juice	<b>11</b>  Cinnamon Roll with Frosting Fresh Fruit Grape Juice	<b>12</b>  Cocoa Puff Bar Animal Crackers Applesauce Cup Assorted Juice
<b>15</b>  Cheerios Cereal Goldfish Crackers Applesauce Cup Fruit Punch Juice	<b>16</b>  Cinn Toast Crunch Bar String Cheese Fresh Fruit Apple Juice	<b>17</b>  Kix Cereal Sport Crackers Fruit Cup Orange Juice	<b>18</b>  Blueberry Muffin Yogurt Cup Fresh Fruit Grape Juice	<b>19</b>  <i>No School Teacher In Service</i>
<b>22</b>  Cocoa Puff Cereal Bug Bites Applesauce Cup Fruit Punch Juice	<b>23</b>  Mini Cinnamon Bagel Fresh Fruit Apple Juice	<b>24</b>  Trix Cereal Giant Goldfish Crackers Applesauce Cup Orange Juice	<b>25</b>  Ultimate Cinnamon Breakfast Bar Fresh Fruit Grape Juice	<b>26</b>  Krispie Granola Choc Bar Sport Crackers Applesauce Cup Assorted Juice
<b>29</b>  Cinn Toast Crunch Cereal Bug Bites Applesauce Cup	<b>30</b>  Appleway Bar String Cheese Fresh Fruit Apple Juice	<b>31</b>  Honey Nut Cheerios Cereal Scooby Doo Crackers Fruit Cup Orange Juice		

**\*Menus are subject to change due to food availability\***

This institution is an equal opportunity provider.