

# Elementary/Middle School September 2018 Breakfast Menu

**Offer vs Serve Meal Pattern:** Students are offered 4 Food Items: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk  
 \*Asked to Choose at least 3 Full Items, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

*Complete Your Breakfast with Ice Cold Assorted Milk  
 (Skim, 1%, and FF Chocolate)*

### Breakfast Prices

**Students**                    **\$1.50**  
**Adults/Guests**           **\$2.00**

## *Breakfast Option*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3</b>  <i>No School Labor Day</i>	<b>4</b> <b>5th Grade Only</b> Appleway Bar String Cheese Fresh Fruit Apple Juice	<b>5</b> Honey Nut Cheerios Cereal Scooby Doo Crackers Fruit Cup Orange Juice	<b>6</b> Chocolate Chip Muffin Yogurt Cup Fresh Fruit Grape Juice	<b>7</b> Assorted Cereal Goldfish Crackers Cinnamon Applesauce Cup Assorted Juice
<b>10</b> Lucky Charm Cereal Scooby Doo Crackers Applesauce Cup Fruit Punch Juice	<b>11</b> Trix Cereal Bar String Cheese Fresh Fruit Apple Juice	<b>12</b> Golden Graham Cereal Bug Bites Fruit Cup Orange Juice	<b>13</b> Cinnamon Roll with Frosting Fresh Fruit Grape Juice	<b>14</b> Cocoa Puff Bar Animal Crackers Cinnamon Applesauce Cup Assorted Juice
<b>17</b> Cheerios Cereal Goldfish Crackers Applesauce Cup Fruit Punch Juice	<b>18</b> Cinn Toast Crunch Bar String Cheese Fresh Fruit Apple Juice	<b>19</b> Kix Cereal Sport Crackers Fruit Cup Orange Juice	<b>20</b> Blueberry Muffin Yogurt Cup Fresh Fruit Grape Juice	<b>21</b> Assorted Cereal Giant Goldfish Crackers Cinnamon Applesauce Cup Assorted Juice
<b>24</b> Cocoa Puff Cereal Bug Bites Applesauce Cup Fruit Punch Juice	<b>25</b> Mini Cinnamon Bagel Fresh Fruit Apple Juice	<b>26</b> Trix Cereal Giant Goldfish Crackers Applesauce Cup Orange Juice	<b>27</b> Ultimate Cinnamon Breakfast Bar Fresh Fruit Grape Juice	<b>28</b> Krispie Granola Choc Bar Sport Crackers Cinnamon Applesauce Cup Assorted Juice



**\*Menus are subject to change due to food availability\***

This institution is an equal opportunity provider.