

# Elementary November 2017 Breakfast Menu

**Offer vs Serve Meal Pattern:** Students are offered 4 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

\*Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

*Complete Your Breakfast with Ice Cold Assorted Milk  
(Skim, 1%, and 1% Chocolate)*

**Breakfast Prices**

Students                    \$1.50  
Adults/Guests               \$2.00

## *Breakfast Option*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
		1 Trix Cereal Giant Goldfish Cracker Fruit Cup Orange Juice	2 Ultimate Cinnamon Breakfast Bar Fresh Fruit Grape Juice	3 Krispie Granola Choc Bar Sport Crackers Cinnamon Applesauce Cup Assorted Juice
6 Cinn Toast Crunch Cereal Bug Bites Applesauce Cup Fruit Punch Juice	7 Appleway Bar String Cheese Fresh Fruit Apple Juice	8 Honey Nut Cheerios Cereal Scooby Doo Crackers Fruit Cup Orange Juice	9 Chocolate Chip Muffin Yogurt Cup Fresh Fruit Grape Juice	10 Assorted Cereal Goldfish Crackers Cinnamon Applesauce Cup Assorted Juice
13 Lucky Charm Cereal Scooby Doo Crackers Applesauce Cup Fruit Punch Juice	14 Trix Cereal Bar String Cheese Fresh Fruit Apple Juice	15 Golden Graham Cereal Bug Bites Fruit Cup Orange Juice	16 Cinnamon Roll with Frosting Fresh Fruit Grape Juice	17 <b><i>Teacher In Service No School Elementary Only</i></b>
20 Cheerios Cereal Goldfish Crackers Applesauce Cup Fruit Punch Juice	21 Cinn Toast Crunch Bar String Cheese Fresh Fruit Apple Juice	22 <b><i>Thanksgiving Vacation No School</i></b>	23 <b><i>Thanksgiving Vacation No School</i></b>	24 <b><i>Thanksgiving Vacation No School</i></b>
27 Cocoa Puff Cereal Animal Crackers Applesauce Cup Fruit Punch Juice	28 Mini Cinnamon Bagel Fresh Fruit Apple Juice	29 Trix Cereal Giant Goldfish Cracker Fruit Cup Orange Juice	30 Blueberry Muffin Yogurt Cup Fresh Fruit Grape Juice	

\*Menus are subject to change due to food availability\*

This institution is an equal opportunity provider.