

Wellness Policy Committee Meeting Minutes
May 2, 2017
5:30-7:00

Present: Lauryn Brunclik, Julie Buergi, Jen Jensen, Steve Parkman, Dan Haughian, Callie Hackel, Karla Arrigoni, Trisha Neuser, Paula Kodesh, Susan Strouf

Meeting began at 5:30 and ended at 7:10.

The team reviewed the draft policy and discussed that there are four goals required in the policy: nutrition education, nutrition promotion, physical activity, other school-based wellness activities. These goals are not yet developed. The goals in the current policy are vague and not measurable.

The team discussed that the current Wellness Policy is enforced at different buildings or not enforced at all. The team felt that having a School building Wellness Coordinator in each building would help with sharing information to staff and families and communication with the District Wellness Committee. The team agreed that the main reason the policy is not followed is due to lack of information; staff just are not aware of the policy. Building administrators should choose their building coordinator (it could be the principal). This person would serve for 3 years (can serve longer) to align with the formal triennial assessment. Further discussion is needed to determine by what date each building administrator should have their School Wellness Coordinator identified (suggestions were in the spring of each year or in the fall). Because there is planning and work that must be done in the summer, at this time it is proposed to have the School Wellness Coordinator identified in May—this is proposed in the draft rule but was not discussed as a large group and will be discussed at the next meeting.

There was discussion about the Physical Activity rule item #9: *Waivers, exemptions, or substitutions for physical education classes are not granted.* There are strong feelings regarding this point. One of the current physical education department goals is to prepare students for life-long physical fitness. Issuing waivers would conflict with that district PE department goal. It will be important for the athletic director and other administrators to be part of this discussion.

There was also discussion on Integrating Physical Activity into the School Setting item #1: *physical activity during the school day (including but not limited to recess, physical activity breaks, or physical education) **will not be used or withheld** as punishment for any reason. Physical activity during the school day will not be withheld or delayed for make-up homework assignments.* Currently, staff members stated that often times students go to Phy ed late because the student had to finish some type of work. A phy ed teacher would not delay a student going to science or language arts. Student are also delayed going to recess to complete work.

The team felt that the classroom parties, celebrations, snacks was appropriate at this time. It encourages healthy foods but does not limit what may be brought in for parties/celebrations or snacks as long as there is a manufacturer's list of ingredients. This is necessary due to the significant food allergy issues. The team felt that will more information and education, staff and families will have ideas of other food items to bring that support student wellness and prevent obesity or activities that could be offered rather than food items.

Fundraisers: the district is following the minimum guidelines as required by WI DPI.

The policy does not limit what students bring from home. High school students who bring their own snack/drink and have it in their locker does not fall under the purview of the policy.

Water bottles are not required to be clear as many with the Warrior logo are not clear. They must have secure caps, though.

The policy also does not address what staff eat/drink as long as they are not in the presence of students.

The team feels that these other individuals/roles be present at the next meeting to provide their input and help to also educate others:

- Board member
- Parent group representatives
- Building administrators

Sue will contact the Board members again and will contact the names given to her by the building administrators of parent group reps.

The policy and rules will be revised based on the discussion with draft goals added. These are all still just drafts. This will be sent to the Wellness Committee, to the Board, to all administrators, provided to parent groups, put on the website under the Wellness tab along with the minutes. Sue will also send out several potential dates for the next meeting in May, knowing it is a very busy time of year and all members will likely not be able to attend.